

Solutions for snoring and sleep apnoea

SNORING and Sleep Apnoea does not only affect the overall health and wellbeing of an individual, but it can also affect their partners, families and other loved ones.

According to recent research, bed partners of sufferers average 52 minutes of lost sleep per night.

If you are experiencing unrefreshing sleep, feeling sleep during the day or are a snorer, Sleep Right Australia in Wangaratta are there to help.

The staff diagnose and manage snoring and sleep apnoea, and offer a range of services.

These services include:

- Sleep studies which are fitted and administered in people's homes;
- Trials of CPAP;
- Sales of CPAP machines, masks, parts and accessories;
- Forging relationships with other practitioners for alternative therapies, including sleep physicians and dentists.

The latest equipment allows staff to monitor your therapy remotely and make changes to settings from the office without you having to bring your machine in.

Sleep Right Wangaratta also offer ongoing servicing of CPAP equipment and therapy.

People who are existing users of CPAP are more than welcome to come and see the team.

Equipment quality and comfort is frequently upgraded and improved. The machines are quieter, humidification technology has improved and the masks are smaller, quieter and more comfortable.

There is also therapy specifically



HELP WITH SLEEP | Andrew Nunn from Sleep Right Australia can help you address snoring and sleep apnoea.

PHOTO: Kylie Wilson

designed for the specific needs of female patients.

The ResMed AirSense 10 AutoSet For Her has been hugely popular.

Among the staff is Wendy Mulrooney, who has over 20 years' experience in medical administration, while sleep consultant Andrew Nunn has six years' experience with dealing with sleep apnoea and CPAP devices.

"I attend conferences, product update information sessions, and sit in on physician consultations in Melbourne on a regular basis," Mr Nunn said.

"We only use therapy that has been researched and proven to work.

"The two main therapies are CPAP machines and also mandibular Advancement Splints which can now

be produced by Goodison Dental locally.

"We predominantly deal with ResMed CPAP equipment but can manage other brands and have accounts with both Phillips Respironics and Fisher & Paykel."

Mr Nunn said that the business' offices in Wangaratta have been open for just over a year but they have been servicing the community for the past five years.

"Sleep Apnoea is much more common than what people think - we have over 2000 patients on our books now," he said.

"Generally speaking our typical patient displays symptoms of waking unrefreshed, sleepiness during the day and/or snoring.

"There are a whole range of other things treating sleep apnoea and snoring helps with (including relationships) so we believe it is worth being investigated.

"We have really simplified the process with our home visits for the sleep studies, timely delivery of reporting and ability to get people onto treatment quickly.

"ResMed are really generous with their loan equipment which means we don't have any waiting lists."

Mr Nunn added that customers can receive a \$30 credit for both them and a friend when they bring a friend along with a CPAP machine.

"We prefer to consult by appointment which can be made by calling 1800 799 950 or emailing info@sleepright.com.au.

"In saying that, you can always pop in and see us at 82 Ovens Street Wangaratta for a chat."



Sleep Right Australia specialise in testing and treating Snoring and Sleep Apnoea.

You will be managed by Andrew Nunn who is a Biomedical Scientist with 6 years experience dealing with CPAP machines, treatment alternatives to CPAP and Sleep studies.

When you book your sleep study, we come to your home and fit the complicated monitoring equipment for you in the evening. We use the most advanced home sleep testing equipment and our reports are scored by Sleep Physician Dr Cunningham from the Melbourne Sleep Disorders Centre.

You now have access to ResMed CPAP equipment locally. We also have accounts with Fisher and Paykel and Philips Respironics. We use Goodison Dental as a local provider of Mandibular Advancement Splints (Mouthguards).

Our CPAP machines come with remote monitoring technology meaning we get daily feedback about your therapy sent to us so we can adjust and manage your treatment efficiently.

You can have your existing CPAP machine (any brand) serviced with us. This will include data downloads, update to doctor, filter changes and a general tidy up. These are a great chance to check out the latest equipment.

You will not be put on a waiting list for either sleep studies or trials of equipment.

If you are a DVA Gold Card holder, we can service all of your needs free of charge.

For appointments call 1800799950.

Email info@sleepright.com.au

or visit us at 82 Ovens Street Wangaratta.



We stock the first female specific therapy, ResMed AirSense 10 AutoSet For Her

- ✓ Smaller
- ✓ Quieter
- ✓ Improved Technology

We can help you with...

In home sleep studies

CPAP machines, masks and accessories

CPAP maintenance

Alternative treatments to CPAP

Book an appointment today **1800 799 950**

info@sleepright.com.au or call in and see us
82 Ovens St, Wangaratta