



## IF YOU HAVE A PATIENT WITH A SUSPECTED SLEEP DISORDER, HERE ARE 2 REFERRAL PATHWAYS

### HIGH PROBABILITY OF SLEEP APNEA

Referral to Sleep Right Australia for a Home Based Sleep Study



Epworth Sleepiness Score



Stop Bang Questionnaire

Please attach both Epworth Sleepiness Score and STOP BANG Questionnaires with your referral. A signature is required on all referrals. Referrals will not be processed otherwise.

ESS  $\geq$  8  
AND  
STOP BANG  $\geq$  4

Home Sleep Study  
conducted

### OTHER SLEEP DISORDERS

Referral direct to a Sleep Physician independent of Sleep Right

ESS < 8  
OR  
STOP BANG < 4

TELEHEALTH

Suspected  
sleep apnea

Other sleep  
disorders

Physician  
review and  
follow up  
independent  
of Sleep Right

Results Discussion conducted with Sleep Physician (TELEHEALTH) or GP.  
The patient will be contacted by Sleep Right as soon as the result is in.



**Sleep Right**  
A U S T R A L I A

For more information, templates for the questionnaires and referral go to:  
[sleepright.com.au/referrers/](https://sleepright.com.au/referrers/)  
Please call 1800 799 950 if you have any further questions.